

DO NOT BREAK THE SEAL OF THE BOOKLET UNTIL YOU ARE TOLD TO DO SO

QUESTION BOOKLET

SERIES III

Subjects : General English, General Knowledge & Food Safety Standards & Nutrition

BOOKLET SERIAL NO.

3519

Marks : 350

Time : 2½ hours

Read the following instructions carefully before you
begin to answer the questions.

INSTRUCTIONS TO CANDIDATES

1. This booklet contains **175 questions** to be answered in a separate OMR Answer Sheet using Black Ball Pen in following three parts:

Part-A-General English : 50 questions, Part-B-General Knowledge : 25 questions,

Part-C-Food Safety Standards & Nutrition : 100 questions

2. All Questions are compulsory.
3. You will be supplied the Answer sheet separately by the invigilator. You must complete the details of particulars asked for.
4. Answers must be shown by completely blackening the corresponding circles in the Answer Sheet against the relevant question number by Black Ball Pen. OMR Answer Sheet without marking series/ double series marking shall not be evaluated.

Example :

Supposing the following question is asked :-

The Capital of Meghalaya is-

- A. Guwahati
- B. Kohima
- C. Shillong
- D. Delhi

You will have four alternatives in the Answer Sheet for your response corresponding to each question of the Question Booklet as below :-

(A) (B) (C) (D)

In the above illustration, if your chosen response is alternative C i.e. Shillong, then the same should be marked on the Answer Sheet by blackening the relevant circle with a Black Ball Point Pen only as below :-

(A) (B) (C) (D)

WHICH IS THE ONLY CORRECT METHOD OF ANSWERING

5. Answer the questions as quickly and as carefully as you can. Some questions may be difficult and others easy. Do not spend too much time on any one question.
6. There will NOT be any negative marking for wrong answers.
7. The Answer Sheet must be handed over to the invigilator before you leave the Examination Hall.
8. No rough work is to be done on the Answer Sheet. Space for rough work has been provided in the question booklet.

PART -A-GENERAL ENGLISH

Marks :100

Each question carries 2 marks :

Directions: (Q.No 1-5) From among the four options given under each sentence, find the option that fits the blank space most appropriately.

1. A ____ of drawers
a) chest b) belt
c) pack d) stack
2. A ____ of natives.
a) team b) body
c) crowd d) tribe
3. A ____ of camels
a) group b) train
c) crew d) gang
4. A ____ of bullets.
a) pack b) troop
c) hail d) battery
5. A ____ of crooks.
a) troop b) gang
c) class d) bunch

Directions: (Q.No. 6-10) In these questions, each of the following idioms is followed by four meanings. Choose the correct option which best conveys the meaning of the idiom.

6. See eye to eye
a) To agree fully
b) To disagree
c) To look one in the eye
d) To rub ones eye
7. Elbow grease
a) Mechanic b) Apply grease
c) Diligent worker d) Lazy worker
8. Cost an arm and a leg
a) A scene in a battlefield
b) Very expensive
c) Very painful
d) War hero

9. Fly by night

- a) A swindler b) A blind bat
c) Journey at night d) Night vision

10. Foot the bill

- a) To kick the bill b) To step on the bill
c) To pay d) To lose

Directions : (Q. No. 11-20), In the following questions, choose the correct answer from the four alternatives.

11. I ____ the apartment all day yesterday.

- a) cleaned up b) clear
c) washed out d) swept out

12. I ____ the letter to the principal this morning.

- a) forward b) signed
c) write d) mailed

13. Do you think people send too ____ text messages these days ?

- a) much b) not so much
c) not too many d) many

14. She ____ in the sun for an hour.

- a) sitting b) has been sitting
c) is sitting d) has sit

15. The train ____ as fast as the bus.

- a) moves b) running
c) going d) went

16. He was seen ____ the bank.

- a) leave b) is leaving
c) left d) leaving

17. The building has been built ____ the new plan.

- a) accordance to b) in according to
c) with accordance d) in accordance with

18. Unfortunately he ____ a lot of money to the bank.

- a) borrowed b) owed
c) deposited d) lent

19. Jeffrey always thinks the best will happen because he is ____ .

- a) optimistic b) pessimistic

- c) creative d) artistic

20. People are ____ who do not like boys with long hair and girls with tattoos.

- a) confident b) conservative
c) considerate d) caring

Directions: (Q.No. 21-30) Fill in the blanks with the appropriate preposition from the given options.

21. He is ____ great difficulties.

- a) in b) at
c) on d) with

22. He was leaning ____ the post.

- a) on b) against
c) about d) with

23. He fell ____ the horse.

- a) at b) on
c) of d) off

24. Her thinking leans ____ democracy.

- a) into b) beside
c) towards d) aside

25. Mrs. White has been waiting for the postman ____ 10 o' clock.

- a) since b) for
c) at d) from

26. I was disgusted ____ her behaviour.

- a) at b) with
c) on d) for

27. Have you seen Mary walking ____ the mall.

- a) over b) up
c) by d) towards

28. Please don't laugh ____ the beggars.

- a) for b) against
c) at d) from

29. The rain comes ____ the cloud.

- a) in b) from
c) near d) under

30. Do not cry ____ milk.

- a) over b) on
c) about d) for

Directions: (Q.No. 31-35) In these questions, out of the four alternative given, choose the one that is OPPOSITE in meaning:

31. COERCIVE

- a) progressive b) gentle
c) promoting d) powerful

32. SINISTER

- a) evil b) ominous
c) good d) alarming

33. ARBITRARY

- a) haphazard b) random
c) consistent d) contradictory

34. DEARTH

- a) deficit b) deficiency
c) shortage d) abundance

35. ADHERE

- a) obey b) defy
c) stand by d) conform

Directions: (Q.No. 36-40) In these questions, choose the word that best expresses the word in capital letters:

36. The resignation of the Minister in INTRIGUING.

- a) interesting b) dismal
c) curious d) diplomatic

37. Mary does not even smile these days; she is rather PENSIVE.

- a) sad b) thoughtful
c) gloomy d) sad

38. The two investigations gave DISPARATE results.

- a) different b) strange
c) encouraging d) similar

39. The ACERBIC remarks of the manager was uncalled for.

- a) benign b) furious
c) arrogant d) bitter

40. The chairman conducted the meeting with APLOMB.

- a) authority b) poise
c) discomfiture d) unease

Directions:(Q.No. 41-45) In these questions, choose the option which contains the correct sentence among the four.

- 41. a) It is high time he will start earning
- b) It is high time he started earning
- c) It is high time he starts earning
- d) It is high time he has started earning

- 42. a) I am ready to say this at her face
- b) I am ready to say this on her face
- c) I am ready to say this in her face
- d) I am ready to say this to her face

- 43. a) A good teacher provides a student with all the useful information
- b) A good teacher provides to students with all useful information
- c) A good teacher provides to a student all the useful information
- d) A good teacher provides to student with all useful information

- 44. a) You are not allowed to enter the house
- b) You are not allowed to enter into the house
- c) You are not allowed to enter in the house
- d) You are not allowed to enter at the house

- 45. a) Your answers are better than Adriel
- b) Your answers are best than Adriel
- c) Your answers are better than Adriel's
- d) Your answers are better than answered by Adriel

Directions: (Q.No. 46-50) In these questions, the following sentence have been split into four segments. Identify the segment that contains a grammatical error.

- 46. a) I reach to my house
- b) as soon as
- c) I will send the driver
- d) to pick you up

- 47. a) Declining in the country
- b) Since 2000
- c) Poor nutrition have been
- d) People face hunger and

- 48. a) had you
- b) lost our lives
- c) not reached in time
- d) we will have

- 49. a) each of the survivors of the pandemic
- b) free psychological consultation to ease their
- c) have been offered
- d) trauma, by some of the top consultants

- 50. a) encouraging healthy competition
- b) between the students
- c) was one of the objectives
- d) of the college

PART - B - GENERAL KNOWLEDGE

Marks : 50

Each question carries 2 marks :

51. The Teesta treaty has become a bone of contention between India and

- a) China b) Bhutan
- c) Bangladesh d) Nepal

52. India became a member of the United Nation in ____

- a) 1963 b) 1960
- c) 1951 d) 1945

53. The Prime Minister of India is

- a) Elected b) Appointed
- c) Nominated d) Selected

54. A person who advocates separation of the state from religious institutions is called a

- a) Communalist b) Secularist
- c) Socialist d) Feminist

55. Who was the first Indian to be appointed a judge in the International court of Justice ?

- a) Shri R.S. Reader b) Mr.B.N. Rao
- c) Dr Nagendra Singh d) Mr. B.N. Kirpal

56. Montague - Chelmsford reform were

- a) Educational Reforms
- b) Political Reforms
- c) Constitutional Reforms
- d) Social Reforms

57. The Radcliffe line is a boundary between

- a) India and China
- b) India and Bangladesh
- c) India and Pakistan
- d) India and Myanmar

58. The 'Yarlung Tsangpo' river in India is known as ____

- a) Indus b) Ganga
- c) Brahmaputra d) Narmada

59. Yuki Bhambri is related with which sports?

- a) Tennis b) Badminton
- c) Rowing d) Shooting

60. Small amounts of iodine are necessary in our diet to

- a) Prevent Pellagra
- b) Stimulate clotting of Blood
- c) Compensate for underactive Thyroid gland
- d) Stimulate Pituitary gland

61. When was Ambedkar Jayanti celebrated in India ?

- a) 14th April b) 15th April
- c) 16th April d) 17th April

62. The oldest mountains in India are

- a) Aravalli b) Vindhyas
- c) Satpuras d) Nilgiri Hills

63. The member of the State Public Service Commission is appointed by the

- a) Chief Minister b) Chief Justice
- c) Governor d) Vice President

64. The agency of the United Nations that was set up to strengthen international co-operation in the field of education and improve the standards of education is

- a) UNEP b) UNCTAD
- c) UNESCO d) UNDP

65. Where is the first Heli-Taxi service launched in India ?

- a) Bengaluru b) Jaipur
- c) Delhi d) Mumbai

66. This country is known as the 'Sugar Bowl of the world'. Identify it from the given options

- a) Brazil b) Cuba
- c) Mexico d) Algeria

67. Identify the bowler who is the first in the history of world cricket to have claimed 500 wickets in the one day internationals

- a) Shane Warne
- b) Wasim Akram
- c) Courtney Walsh
- d) Muttiah Muralitharan

68. The first women chief minister of an Indian state is

- a) Sarojini Naidu
- b) Indira Gandhi
- c) Sucheta Kripalani

d) Rajkumari Amrita Kaur

69. Which country launched its first large-scale electric car-sharing programme ?

- a) Singapore b) India
- c) China d) South Korea

70. The unit of electric current is

- a) Ohm b) Ampere
- c) Faraday d) Watt

71. In which of the following states is the Rawatbhata Nuclear Plant situated ?

- a) Rajasthan b) Gujarat
- c) Madhya Pradesh d) Tamil Nadu

72. Who invented the Fm radio

- a) Edwin Howard Armstrong
- b) Edward Henrik Armstrong
- c) Louis Theroux
- d) Adam Anter

73. Who is said to be the father of Indian Space programme?

- a) Abdul Kalam b) Rakesh Sharma
- c) Vikram Sarabhai d) Homi Bhabha

74. Which of the following was India's first mapping satellite ?

- a) CARTOSAT-1 b) Aryabhata
- c) Bhaskara-11 d) INSAT-IA

75. The word 'blue hamlet' is associated with which of the following ?

- a) Environmental activist
- b) United Nations Peace Army
- c) Fire service worker
- d) Road accident Relief Workers

**PART - C -FOOD SAFETY STANDARDS AND
NUTRITION**

Marks: 200

Each question carries 2 marks :

76. Which of the following is the principle electrolyte of the extracellular fluid?

- a) Potassium b) Sodium
- c) Magnesium d) Zinc

77. The chemical name for Vitamin B6 is

- a) Pyridoxine b) Tocopherol
- c) Pyridoxal d) Both (a) and (b)

78. This is synthesized in the body as a result of oxidation of fat, proteins and carbohydrates, adding to about 200ml/day. It is referred to:

- a) Inter cellular water b) Intra cellular water
- c) Metabolic water d) Extra cellular water

79. The main function of Vitamin E is to act as an/a

- a) Antioxidant b) Probiotics
- c) Antibiotics d) None of the above

80. Which of the following is not a metal contaminant?

- a) Lead b) Copper
- c) Arsenic d) Carbonyl

81. Ghee is adulterated with

- a) Vanaspati b) Olive oil
- c) Fat d) Artificial oil

82. Which type of packaging is appropriate for fruits?

- a) Ethylene absorbers
- b) Oxygen absorbers
- c) Carbon dioxide absorbers
- d) Nitrogen absorbers

83. The Molisch Reaction is the test to identify

- a) Proteins b) Fats
- c) Carbohydrates d) Lipids

84. The amino acids in humans are sources of

- a) Body builders b) Body protectors
- c) Body regulators d) Energy producers

85. When Starch based foods are cooked at high temperatures, which harmful chemical is produced?

- a) AGE' b) Heterocyclic amines
- c) Acrylamides d) Nitrosamines

86. Consumption of mustard oil which has been adulterated with argemone oil can lead a disease named:

- a) Gastroenteritis b) Epidemic dropsy
- c) Cyanosis d) Seizures

87. Why are adulterants added to the food products?

- a) To improve shelf-life
- b) For economic benefit
- c) To improve nutrition
- d) To attract consumers

88. The process of adding hydrogen to an edible vegetable oil using a catalyst to produce a fat with semi-solid consistency is called:

- a) Hydrogenation b) Coagulation
- c) Transmission d) Pasteurization

89. Which of the following causes have been suggested for the chill rings in sausages?

- a) Oxidation
- b) Production of organic acids
- c) Reducing substances by bacteria
- d) All of the above

90. Omega-3 fatty acid is also known as

- a) Olive oil b) Linolenic acid
- c) Fish oil d) Linoleic acid

91. Commodities should be packed and sold in specific quantities is provided in which of the following schedule?

- a) First schedule b) Second schedule
- c) Third schedule d) Fourth schedule

92. What percentage of fat is present in standardized milk?

- a) 3.50% b) 3.75%
- c) 4.25% d) 4.50%

93. In which year was FSSAI is established?

- a) 2007 b) 2009
- c) 2011 d) 2010

94. Name the one monosaccharide which does not occur naturally in foods or beverages

- a) Fructose b) Lecithin
- c) Beta carotene d) Galactose

95. The percentage of acetic acid in commercially available vinegar is

- a) 2% b) 4%
- c) 8% d) 12%

96. Which of the following fats can increase the risk of heart disease?

- a) Polyunsaturated fats
- b) Monounsaturated fats
- c) Fullysaturated fats
- d) Trans fats

97. Which one is the synonym of Vitamin D3 ?

- a) Retinol
- b) Cholecalceferol
- c) Gamma tocopherol
- d) Alpha tocotrienol

98. Which of the folowing accumulates in the blood, when fats not completely oxidized?

- a) Ketones b) Glycerol
- c) Fatty acids d) Acetyl CoA

99. Which of the following is found in carbonated non-alcoholic beverages?

- a) Propionic acid b) Acetic acid
- c) Citric acid d) Phosphoric Acid

100. What is the DART Book used to detect?

- a) Adulteration b) Contamination
- c) Purification d) None of the above

101. How many types of certification programs are available under Food Safety Training & Certification (FoStaC) ?

- a) 10 b) 15
- c) 16 d) 20

102. This is a substance in food known to interfere with the use of thyroxine and can produce goiter. It is referred to:

- a) Tyrosine b) Sodium
- c) Potassium d) Goitrogen

103. The Eat Right Tool Kit is for:

- a) Frontline health workers
- b) Mid level health workers
- c) Only Government Doctors
- d) both (a) & (b)

104. The FSSAI has introduced which logo for fortified staple food products

- a) +G b) +F
- c) +Z d) None of the Above

105. Which of the following is most fermentable sugar?

- a) Sucrose b) Glucose
- c) Maltose d) Fructose

106. Which poisoning causes Minamata Disease?

- a) Lead b) Methyl mercury
- c) Iron d) Silver

107. Which Vitamin is called Phyloquinone?

- a) Vitamin A b) Vitamin K
- c) Vitamin C d) Vitamin D

108. What is the full form of NOEL?

- a) Negative Observable Effect Level
- b) No Observable Effect Level
- c) No Observable Efficiency Level
- d) None of the Above

109. Cutting Boards must be sanitized with:

- a) Chemical sanitizer b) Chlorine bleach
- c) Detergent d) Soap Bar

110. Tocopherol is used in foods as:

- a) Acidity Regulator b) Stabilizer
- c) Antioxidant d) Emulsifier

111. The danger zones in the food preparation refer to temperatures between:

- a) 0-40° F b) 40-140° F
- c) 140-180° F d) Above 180° F

112. The Symbol for irradiated foods is called:

- a) Agmark b) Organic mark
- c) Radura d) Gamma

113. Which of these is a leaving agent?

- a) Sodium carbonate b) Sodium chloride
- c) Sodium bicarbonate d) All of the Above

114. Important trademarked blue cheese is called:

- a) English Stilton b) French Roquefort
- c) Both (a) & (b) d) None of the Above

115. An instrument used for measuring the physical properties of dough is called:

- a) Hedonic b) Farinograph
- c) Organoleptic d) Score Card

116. This means, the kinds and amounts of food, liquid and beverage consumed by the person per day is called:

- a) Modified diet b) Balanced diet
- c) Diet d) Liquid diet

117. The energy stored in a substance is called:

- a) Kinetic energy b) Heat energy
- c) Potential energy d) Internal energy

118. These make up 4 per cent of the body weight. They are called:

- a) Vitamins b) Fats
- c) Nutrients d) Minerals

119. This is highly alkaline and helps in neutralizing the acidic chyme so that other intestinal enzymes can act. It is called:

- a) Pepsin b) Bile
- c) Amylase d) Bacteria

120. Name the alkaloid toxicant in potato

- a) Piperine b) Cocaine
- c) Capsaicin d) Solanin

121. What is the unit of radiation energy?

- a) Roentgen
- b) Gray(Gy)
- c) Sievert
- d) Radiation Absorbed Dose(RAD)

122. Change that a lipid undergoes leading to undesirable flavor and odour is called as:

- a) Gelatinization b) Turbidity
- c) Gelatin d) Rancidity

123. Carmoisine is a food additive used as a

- a) Liquifying agent b) Moisturizing agent
- c) Flavoring agent d) Colouring agent

124. RDA stands for

- a) Required Daily Allowances
- b) Required Daily Allowances
- c) Regional Dietary Advisor
- d) Regional Dietary Administrator

125. Which of the following process is involved in staling of bread?

- a) Hydrolysis b) Retrogradation
- c) Gelatinization d) Moisturisation

126. How many countries have the membership in FAO, WHO and CODEX?

- a) 189 b) 289
- c) 400 d) 389

127. Which bacteria cause botulism?

- a) S. typhi b) E. coli
- c) S. aureus d) C. baratii

128. In a food service establishment ideally one

tap for hand washing is recommended for how many food handlers?

- a) 15-20 b) 15-22
- c) 15-24 d) 15-25

129. In which year Codex was set up?

- a) 1970 b) 1830
- c) 1953 d) 1963

130. Which authority initiated mobile units for food testing to reach out to consumers?

- a) BIS b) FSSAI
- c) DRDO d) All of the above

131. Potable water should be tested according to which standard?

- a) IS 10500 b) IS 15000
- c) IS 17650 d) IS 22500

132. How many "Consumer Rights" are provided under Consumer Protection Act 1986?

- a) 6 b) 7
- c) 8 d) 9

133. Over polishing of rice is deficient in

- a) Vitamin C
- b) Vitamin B complex
- c) Vitamin A
- d) None of the Above

134. Probiotics are

- a) Microorganisms with health benefits
- b) Safe antibiotics
- c) Disease inducing microbes
- d) Both (a) & (b)

135. In this process complex body substances are synthesized from simpler ones in living organisms such as building of body tissues. It is referred to:

- a) Catabolism b) Metabolism
- c) Both (a) & (b) d) Anabolism

136. One kilocalorie is equal to

- a) 4.186 kj b) 4.291 kj
- c) 4.184 kj d) 4.199 kj

137. Glucose and fats are stored as potential energy in the form of

- a) Amino acid b) Adipose tissue
- c) Oxygen d) Complex Substance

138. This is produced by yeast fermentation of carbohydrates under anaerobic condition. It is:

- a) Ethyl alcohol b) Ethylene

- c) Ethyl acetate d) Methyl alcohol

139. What is a food recall?

- a) Action taken to remove a marketed food
- b) Action taken to sale the food on priority
- c) Action taken to final dispose of food by company
- d) All of the above

140. Authority set up by the Government of India in order to ensure sound development of export trade of India is

- a) BIS b) EIC
- c) FSSAI d) ISO

141. Chemical name of Ajinomoto is

- a) Ascorbic acid
- b) Tryptophan
- c) Calciferol
- d) Monosodium glutamate

142. Baudouin Test is used to check adulteration of

- a) Honey b) Ghee
- c) Egg d) Meat

143. Nutritional information on the label is not required for which of the following products:

- a) Pickles b) Soft drinks
- c) Breads d) Biscuits

144. Dahi/Curd/Yogurt is a

- a) Sterilized fermented product
- b) Sterilized coagulated product
- c) Fermented product
- d) Cheesy product

145. The only difference between frozen dessert and ice cream is that

- a) Use of vegetable oil
- b) Use of milk fat
- c) Use of skimmed milk
- d) None of the above

146. What is NABL?

- a) Authority to grant laboratory accreditation as per ISO 17025
- b) Authority to grant BIS symbol
- c) Authority to grant food license
- d) Authority to grant MMPO

147. Butyrefractometer reading indicates

- a) Fat adulteration
- b) Melamine adulteration
- c) Aflatoxin adulteration

d) Histamine adulteration

148. Full cream milk contains

- a) 3% fat b) 6% fat
- c) 4.5% fat d) 1.5% fat

149. LS-MS is used to analyse

- a) Antibiotics b) Pesticides
- c) Antibodies d) Both (a) & (b)

150. What should be declared on every package of food?

- a) Gross quantity
- b) Net quantity
- c) Approximate quantity
- d) None of the above

151. As per FSSAI limit for individual pesticide residue in packaged drinking water is

- a) 1.0 ppm b) 0.1 ppm
- c) 1.1 ppm d) 0.1 ppb

152. Which of the following has high fiber content?

- a) Oat b) Bajra
- c) Wheat d) Barley

153. What are Sequestrants?

- a) Food oxidisers b) Food additives
- c) Food coolers d) Food preservatives

154. Which of the following is an example for biological hazard?

- a) Antibiotics b) Cleaners
- c) Dirt d) Salmonella

155. Which of the following methods dehydrates microbial cells through plasmolysis thereby killing them?

- a) Smoking b) Sugaring
- c) Heating d) Sun drying

156. HACCP has defined CCP as

- a) Critical Careful Points
- b) Critical Control Process
- c) Critical Control Points
- d) Coded Control points

157. Yeasts are most likely to grow in frozen fruits during

- a) Slow Thawing
- b) Refrigeration
- c) Ambient temperatures
- d) None of the above

158. Watery soft rot is mostly found in

- a) Fruits b) Pulses
- c) cereals d) Lipids

159. The most predominate spoilage of shell egg is caused by

- a) Proteus b) Alcaligenes
- c) Coliforms d) All of the above

160. As per FSSAI, what should be the minimum percentage of TSS in the fruit squash?

- a) 12% b) 32%
- c) 20% d) 40%

161. The Head Office of Food Safety and Standards Authority is located in

- a) Mumbai b) Hyderabad
- c) Noida d) New Delhi

162. One gram of fat gives how many kcal of energy?

- a) 8 b) 9
- c) 5 d) 4

163. What is FIFO stands for?

- a) First Information For Organization
- b) Figure In Figure Out
- c) First In First Out
- d) First Index First Obtained

164. Which chemical is released in the body in response to allergens?

- a) Histamine b) Epinephrine
- c) Thyroxine d) Serotonin

165. Which major enzyme is responsible for browning reactions in mushrooms?

- a) Polyphenoloxidase b) Polyphenol
- c) Polysaccharide d) Polypeptide

166. Which of the following acid is present in lemon?

- a) Lactic acid b) Acetic acid
- c) Citric acid d) All of the above

167. Low level of irradiation can be used upon the fresh fruits to

- a) Kill insects b) Kill molds
- c) Inhibit bacteria d) Kill virus

168. The amino acid called Phenylalanine is

- a) Non-essential amino acid
- b) Simple amino acid
- c) Essential amino acid
- d) None of the above

169. Which enzyme is activated during digestion process by the hydrochloric acid(HCL)?

- a) Lysine b) Valine
- c) Pepsin d) Proline

170. All tissues, except those of the central nervous system and brain, can utilize fat as a source of

- a) Energy b) Secretion
- c) Utilisation d) Protection

171. These are not made of fatty acids and glycerol but have a benzene ring structure. They are called as:

- a) Derived lipids b) Compound lipids
- c) Sterols d) Simple lipids

172. The protein allowance for a pregnant woman is

- a) 50+15 g/d b) 50+18 g/d
- c) 50+12 g/d d) 50+16 g/d

173. The removal of amino group from the amino acid by the liver is called:

- a) Amination b) Digestion
- c) Absorption d) Deamination

174. Which food allergen has the highest occurrence in the world?

- a) Egg b) Mango
- c) Peanut d) All of the above

175. Which of the following food is rich source of cholesterol?

- a) Coconut oil b) Mutton
- c) Hydrogenated fat d) Prawns
